

TOWN OF WASHINGTON RECREATION COMMISSION
2009 -2010 FALL & WINTER
PROGRAM REGISTRATION BEGINS SEPTEMBER 12TH
STOP BY THE RECREATION OFFICE FROM 9-2
DURING COMMUNITY DAY

COMMISSION MEMBERS & STAFF

Kerry Weller, President
Bill Zmudosky, Vice-President
Sally Knapp, Treasurer
Bob Rizzo
Paul Guardiola
Jim Outwater
Chris Muscari

Warren McMillan, Recreation Director
Kelly Whalen-Cassinelli, Assistant Recreation Director
Tom Fiore, Facility Caretaker

The Town of Washington Recreation Commission was formed
by resolution of the Town of Washington Board effective
January 1, 1981 to provide, supervise and coordinate recreational
activities and facilities for town residents. Programs are open to
all residents of the Village of Millbrook,

Town of Washington, and/or the Millbrook School District.

RECREATION PROGRAMS AND ACTIVITIES

All programs are subject to change and additional information will be announced in the local paper and/or through the school.

For further information or for additional registration forms, please contact the recreation office at 677 – 8278 or log onto our website at www.washingtonny.org

Effective January 1, 2008 by the direction and order of the Town of Washington Board there is a non-resident fee applied to all programs. This applies to ALL non Town of Washington residents regardless of if your child attends Millbrook Schools. If you do not pay property taxes to the Town of Washington you are a non-resident.

The Recreation Office does not send out confirmations. No news is good news. Please assume you are registered for the program(s) you have selected. You will be contacted only if there is a problem.

DO NOT WAIT UNTIL THE LAST MINUTE !!!

Nothing spoils a good program quicker than everyone waiting until the last minute to register. If there are not enough registrations by a certain date, the program may be canceled. Coming in on the day the program begins won't resurrect it, so please register early.

YOUTH

AFTER SCHOOL CLUBS & ACTIVITIES

(Operate only when Millbrook Central Schools are in session)

*** PICK UP POLICY FROM ALDEN PLACE SCHOOL ***

Alden Place students who participate in after school programs may sign up to take the bus from school to the Millbrook Village Hall on Merritt Avenue, the location for the after school programs. The commission's hope is to alleviate parents' concerns of program participants walking by themselves from Alden Place School. A separate form *must* be filled out for this service.

"MIXED UP" TUESDAYS

Session I: Tuesdays; October 6, 13, 20, 27; November 10 & 17

Session II: Tuesdays; January 5, 12, 19, 26; February 2 & 9

Session III: Tuesdays: March 2, 9, 16, 23 April 6 & 13

Time: 3:15 to 4:45 pm Location: Guertin Gymnasium Resident fee: \$40 per session

Non-Resident fee: \$50 per session

Open to children in grades kindergarten through fifth. Each week we will doing something different. It may be arts and crafts, a sport in the gym, word and puzzle games, or anything else we may think of. Snacks will be provided. This program will not exceed 40 participants.

“WACKY” WEDNESDAYS

Session I: Wednesdays; October 7, 14, 21, 28 November 4 & 18

Session II: Wednesdays; January 6, 13, 20, 27 February 3, 10

Session III: Wednesdays, March 3, 10, 17, 24 April 7, 14

Time: 3:15 to 4:45 pm Location: Guertin Gymnasium Resident fee: \$40 per session

Non-Resident fee: \$50 per session

Open to children in grades kindergarten through fifth. Each Wednesday children will have the choice to work on homework, play board games, create arts & crafts projects, play air hockey, play organized games in the gym, watch movies, or just hang out with friends. Snacks will be provided. This program will not exceed 40 participants.

“GAME DAY” THURSDAY

Session I: Thursdays October 8, 15, 22, 29 November 5 & 12

Session II: Thursdays January 7, 14, 21, 28 February 4 & 11

Session III: Thursdays: March 4, 11, 18, 25 April 8 & 15

Time: 3:15 to 4:30 pm

Location: Millbrook Village Hall Resident fee: \$40 per session

Non-Resident fee: \$50 per session

This program is for children in grades Kindergarten through fifth who like to play or would like to learn how to play various board games and puzzles. This program is meant for the child who would be able to have an afternoon of relatively calm play time. There will not be any running around the building during this program. Snacks will be provided. This program will not exceed 25 participants.

“WIND DOWN” FRIDAYS

Session I: Fridays; October 9, 16, 23, 30 November 6 & 13

Session II: Fridays; January 8, 15, 22, 29 February 5 & 12

Session III: Fridays, March 5, 12, 19, 26 April 9 & 16

Time: 3:15 to 4:45 pm Location: Guertin Gymnasium Resident fee: \$40 per session

Non-Resident fee: \$50 per session

Open to children in grades kindergarten through fifth. Each Friday children will have the choice to work on homework, play board games, create arts & crafts projects, play air hockey, play organized games in the gym, watch movies, or just hang out with friends. Snacks will be provided. This program will not exceed 40 participants.

DODGEBALL LEAGUE

Tuesdays & Thursdays: September 29 through November 24

Time: 6 pm – 8 pm – schedule to be announced once registration deadline reached

Location: Guertin Gymnasium

Resident fee: \$60 per player

Non-Resident fee: \$70 per player

The Town of Washington Recreation is a member of the National Amateur Dodge ball Association. This league is open to children in grades five through twelve. Form your own team of six to ten players to compete in one of two divisions of play. Division I: grade five through eight and Division II: grades nine through twelve. For more information or to request a team registration form please call the recreation office. Team t-shirts will be given to all participants.

Y.E.S. – Youth Employment Service

This program provides a job referral service for area teens and potential employers for the past nine years! The goal of this program is to provide a listing of available local, part-time jobs for teens. There is no fee to register. Simply call the recreation office for an application, fill it out, and as job listings are posted, we will attempt to match you with a suitable job.

Potential employers may list their jobs with the service by calling the recreation office as well. We will try to provide an immediate list of referrals right over the phone! Jobs such as child care, yard work, snow shoveling, painting, along with others may be listed and will be available.

MILLBROOK SWIM TEAM

September through March

Practices: Mondays, Tuesdays, and Thursday evenings

Meets: various Saturdays and Sundays

Location: various pools in Dutchess and Orange Counties

This swim team program is open to anyone 5 through 18 years of age who is able to swim at least a 25 yard distance. Competitive meets with other area swim clubs. Registration is September 5th at 6pm at Town Pool. Contact: June Markle 677-9620.

MAUREEN PORELL MEMORIAL

YOUTH BASKETBALL LEAGUE

Saturdays from December 5 through February 27

(No program on December 26 & Jan. 2)

Practices during the week

Ages: First through Sixth grades; all ability levels

Location: Guertin Gymnasium Resident fee: \$ 60

Non-resident fee: \$ 75

Registration: All new players must call the recreation office for registration materials. Players who had participated last season will receive registration materials in the mail

by October 1. Deadline is Monday, November 3rd. Divisions of play for this season are as follows: Division I: First & Second grade, Division II: Third & Fourth grade, and Division III: Fifth & Sixth grade.

JUNIOR YOUTH INDOOR SOCCER PROGRAM

K-2; Tuesday evenings: March 2, 9, 16, 23, 30 April 6

3-5; Thursday evenings: March 4, 11, 18, 25 April 1 & 8

Location: Guertin Gymnasium Resident fee: \$40 Non-Resident fee: \$50

Times: Kindergarten through Second grades – 6 to 7 and 7 to 8 pm (rotating schedule)

Third through Fifth grades – 6 to 7 and 7 to 8 pm (rotating schedule)

Six week instructional program combining educational clinics on the fundamentals of the game along with team play. The program will be geared to an age appropriate level as to allow a positive first experience with the most widely played game in the world!. Each group will meet only once a week. Registration materials will be mailed to past participants. All new players must call the recreation office for registration materials. Deadline to register is February 5th.

YOGA CLASSES OFFERED

Come discover the many benefits of yoga in either of two classes offered this fall. Yoga helps to increase flexibility, balance, strength and energy. It also helps to reduce blood pressure, stress and weight leaving you with an enhanced sense of well-being. Participants should bring a yoga mat if possible and wear comfortable clothing. Classes will be instructed by Dana Lucas, a registered yoga teacher.

TEN WEEK BEGINNER YOGA SERIES: This class is intended for beginners as well as those who haven't practiced in a while. If you wish to learn the fundamentals of the yoga poses, breath work and meditation; this is the class for you. Each class will build on the previous session and is progressively more challenging. This class will meet on Wednesdays, 11:30 am – 12:45 pm starting on September 30th. All classes will be held in the Millbrook Village Hall. The fee for this program is \$100 for residents and \$120 for non-residents.

GENTLE YOGA CLASS: This class is designed for those who are looking to stretch and strengthen their bodies at a slower pace. Gentle yoga includes simple stretching, basic yoga poses, breath work, meditation and relaxation. This class will meet on Mondays, 4:15 pm – 5:15 pm starting September 28th. All classes will be held in at the Village Hall in the downstairs room. The fee for this program is: residents; \$10 per class or \$90 for the 10 week program and non-residents fee is \$12 per class or \$110 for the 10 week program. When committing to full program you will receive one free class.

YOUTH BASEBALL/SOFTBALL LEAGUE

If you are interested in participating in youth baseball or softball please visit the following websites for more information: www.taconiclittleleague.com (registration begins in January) or www.lagrangebaseball.org (registration begins in November)

MILLBROOK LACROSSE CLUB

After another very successful year of play, we are looking forward to next season. It will be open to boys in fourth through eighth grades. The program will be directed to Doug Marr. The younger division will be 4th, 5th, and 6th grades and the older division will be for 7th and 8th graders. Practices will be one evening a week and most games on Saturdays. The Club will be playing in tournaments as well as competing both home and away against other towns. The season will run from mid-March through mid-June. The new fee for this program is \$60 for residents and \$75 for non-residents. All equipment will need to be provided by the participant. A jersey will be given to each player.

GIRLS LACROSSE CLINIC

This clinic will be open to girls in third through eighth grade. This clinic will practice one day during the week and will play games on Saturdays. Please contact the recreation office if you are interested in receiving information on this program. The new fee for this program is \$60 for residents and \$75 for non-residents. All equipment will need to be provided by the participant. A jersey will be given to each player.

ADULT

ORGANIZED OPEN BASKETBALL FOR ADULTS

Mondays October 5 to March 29; 8 to 10 pm

Location: Guertin Gymnasium Fee: None

Any resident aged 30 and older may come out for some organized pick-up basketball games.

ORGANIZED OPEN BASKETBALL FOR TEENS

Wednesdays October 7 through March 31; 8 to 10 pm

Location: Guertin Gymnasium Fee: None

Any resident aged 16 to 29 may come out for some organized pick-up basketball games.

FAMILY & ALL AGES

FAMILY FUN MOVIE NIGHTS

Fridays, January 8, February 5, & March 5
Location: Guertin Gymnasium
Fee: None

All ages are welcome to these nights of family fun and entertainment! Bring your entire family out to enjoy a movie in the gym! We will feature a newly released movie, (title to be announced later) and complimentary popcorn and water will be served. Bring your own chairs, blankets, and pillows. Additional snacks may be purchased at the concession stand. Doors open at 6:45 pm and the movie will begin promptly at 7 pm.

COMMUNITY ICE SKATING

Sundays December 5 to February 20
Time: 2:15 to 4 pm Location: Millbrook School Ice Rink
Tickets made be purchased at the rink. For more information call 677-8261.

BOY SCOUTS OF AMERICA - TROOP 31

The recreation commission is proud to be the charter holder and sponsor for our local Boy Scout Troop 31. The program is open to boys ages 11 to 18. Meetings are held Wednesday nights from 7 to 8:30 pm at the Thorne Building on Franklin Avenue.
Contact: Ed Olson, Scout Master at 677 - 2082

SPECIAL EVENTS

TRUNK OR TREATING

Saturday, October 31

Bring your cars, decorations, and goodies out early to the parking lot for a warm-up to trick or treating! Decorate your vehicles in the Halloween spirit whether it be a pick-up, mini-van, or sedan. Bring along a treat to give out to all the children arriving for our Halloween Costume Parade. A great event for older siblings to feel included or for those who never get any trick-or-treaters out to your house! Participating cars should arrive at the Millbrook Fire House parking lot by 11 am. Costumed children may arrive at 11:15 am to begin the “*Trunk* or Treating” and then stay for our parade which will depart at 12 noon. Children must supply their own bags. Please call the recreation office to register a vehicle for this event.

HALLOWEEN COSTUME PARADE & SHOW

Saturday, October 31

Once again we will be having our annual Halloween costume parade and show during the afternoon. Children will meet at 12 noon at the Millbrook Fire House parking lot on Front Street. The costume parade will proceed onto Front Street to Franklin Avenue and up to the Thorne building/bandshell lawn. Once there, children will get the chance to show their costumes on stage and then be treated to a professional children's show. Refreshments will also be served. All ages are welcome to participate! All children who participate with costume will receive a small prize! Pre-registration is not necessary. There is no fee for this program. In the event of inclement weather, the show will take place at 1 pm at the Millbrook Firehouse.

SANTA'S VISIT TO MILLBROOK WITH FRANKLIN AVENUE TREE LIGHTING CEREMONY

Co-sponsored with the Millbrook-Town of Washington Business Association
Friday, December 4

These two annual Millbrook holiday traditions will once again be combined for one big kick-off to the most wonderful of seasons! The tree lighting ceremony will take place at the bottom of Franklin Avenue from 6 to 6:30 pm. After, enjoy a family hayride through the beautifully decorated village streets. Then continue on to the fire house where Santa, Mrs. Santa, and Mr. & Mrs. Gingerbread will greet the children and distribute gifts. Entertainment is on going while children visit Santa. Refreshments are served courtesy of the Women's Auxiliary of the fire company. Children pre-school through third grade may sit on Santa's lap and receive a gift. Pre-registration is not necessary. There is no fee for this program.

The above programs are funded in part by the NYS Office of Children and Family Services through the Dutchess County Youth Bureau.

HOLIDAY GINGERBREAD HOUSE MAKING

Friday, December 11 Fee: \$13 per house
Time: 6:30 to 8:30 pm Location: Millbrook Fire House

This is a great night of holiday family fun! Come and bring the entire family to decorate a Gingerbread house for the holidays! The house and frosting will be provided **with the participants supplying the candy and trim accents!** Free refreshments will be served. All ages are welcome to come have some holiday fun! Participants must pre-register by calling the recreation office so supplies may be ordered. Spaces will be limited. Open to all ages!

COMPLIMENTARY SENIOR LUNCHEON

Saturday, January 23
Location: Millbrook Fire House Time: 12 noon

The Town of Washington recreation commission would like to thank our seniors for their support of our Senior Trips. We hope you will join us for lunch at the Millbrook Fire House. The Millbrook Ladies Auxiliary will be serving chicken parmesan, tossed salad, bread, strawberry shortcake, coffee & tea. The recreation office will also be discussing our 2009 trips, and the Town Clerks office and personnel from the assessors' office will be available for questions and will be providing information on services available to you. Reservations can be made by calling the recreation office at 677-8278.

HOME BOUND BOOK LENDING PROGRAM

The Millbrook Free Library is pleased to announce this wonderful new program. It is open to all home-bound residents of the Village of Millbrook and the Town of Washington. The Home Bound program provides home delivery of Millbrook Library books to library patrons who are unable to get to the library on their own. Volunteers from the Friends of the Millbrook Library will deliver and pick up library books from residents' homes on a monthly basis. If you are interested in becoming a part of this program please contact the Millbrook Free Library at 677-3611 x 2 or by e-mailing the millbrookfriends@verizon.net

“TAKE A CAKEWALK”

Saturday, April 17

Location: Village Hall Time: 2 pm

Calling all bakers and cake eaters! Come to the Town of Washington's annual cakewalk. A Cakewalk is a great opportunity for parents and children to share in the fun of baking. How does a cakewalk work you ask? Well, you simply bake a cake (or 24 cupcakes), decorate the cake as much or as little as you'd like, and bring the cake and the recipe to the Village Hall. All cakes get placed on a table. Anyone bringing a cake will go home with a cake! Once everyone arrives you will begin the "cakewalk" to select a cake of your choice. One person is selected at a time to go on his/her cakewalk. You'll see how you get selected once you arrive. While waiting for the cakewalk to begin you can pick up your Spring/Summer brochure and registration forms and begin to "Think Spring"!!! Pre-registration is required for this event. Please call the recreation office if you have any questions about this new event!

TWILIGHT EASTER EGG HUNT

Friday, April 2

This event is open to fourth grade students through adults! Get out your flashlights, grab a bag, and come to the Town Park to search for eggs and special prizes! We know you are never too old for a good old fashioned egg hunt. We will all meet at the Park at 7:30 pm. The hunt will begin at

approximately 7:45 pm. There is no fee for this program. If weather does not permit this event it will be canceled. There will be a cancellation message on the recreation answering machine if we need to cancel.

EASTER EGG HUNT

Saturday, April 3

It's time to wish for Spring. We will be once again hosting our annual Easter Egg Hunt in the Tribute Gardens Park the Saturday before Easter beginning at 11 am. Pre-schoolers through third graders search for chocolate eggs and have a chance to meet the Easter Bunny and other characters.

Pre-registration is not necessary. There is no fee for this program. If weather does not permit this event it will be canceled. There will be a cancellation message on the recreation answering machine if we need to cancel.

BUS TRIPS

All trips include coach bus transportation and show/event ticket, depart from the town hall on Reservoir Drive, and have limited availability.

RADIO CITY MUSIC HALL CHRISTMAS SPECTACULAR

Tuesday, December 8 - 2 pm show

Location: Radio City Music Hall in New York City Resdient Fee: \$90 Non-Resdient Fee: \$105

Over one million people went to see this holiday tradition last season so don't miss out this year! Whether you have never seen or have experienced the magic many times, this year's edition promises to be the best ever with many new surprises! Our seats are in the first mezzanine. Bus will depart at 8:00 am and arrive in NYC by 11:30 to enjoy the Rockefeller Center Christmas tree and holiday display before the show. Approximate return to Millbrook by 7 pm.